

# Help Me to Breathe Free



**Protect and respect  
children by making your car  
and home SMOKE-FREE**

**For free help and resources call a  
NorthPoint Community Health Worker at  
612-596-7591 or 612-348-4700  
or visit [www.breathefreenorth.org](http://www.breathefreenorth.org).**

**Breathe Free North**

*Together we're protecting our  
children from secondhand smoke*

